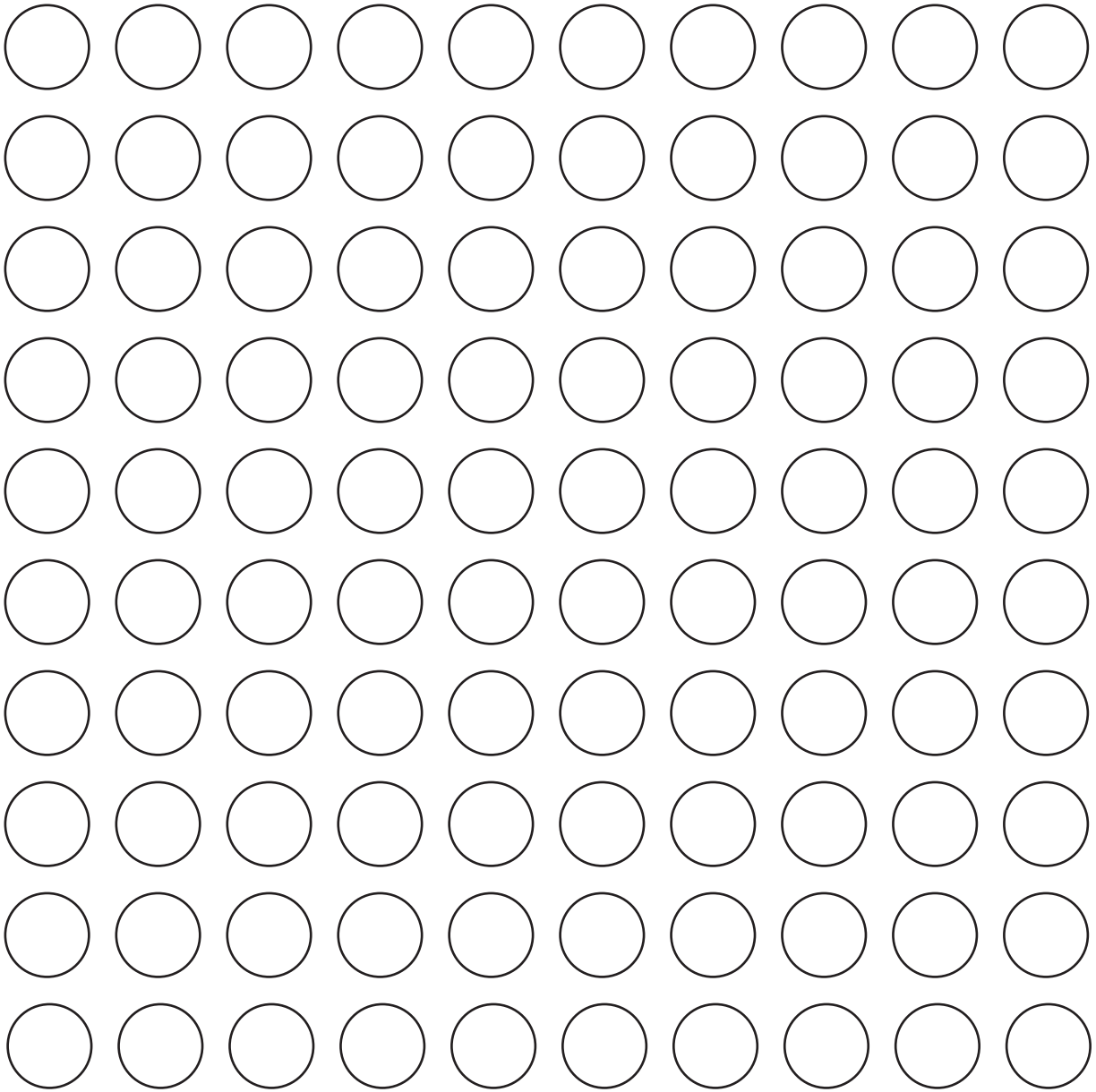
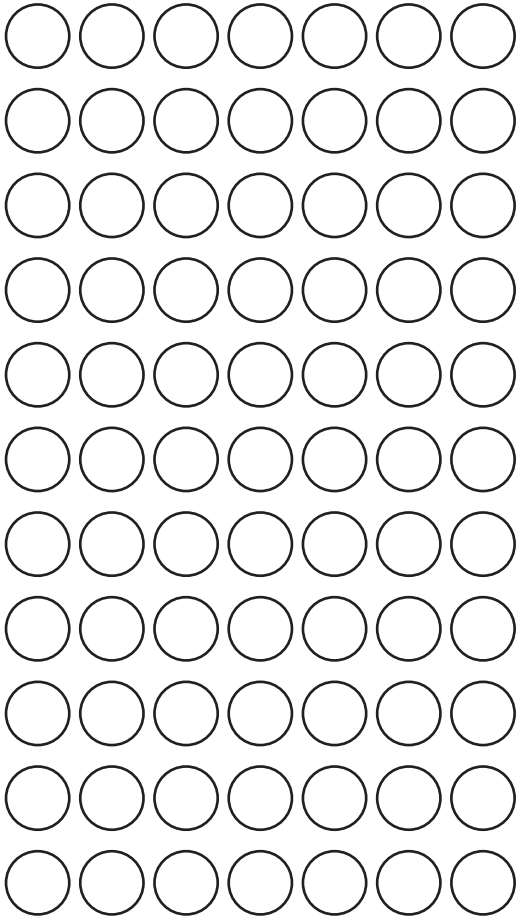
100 MILES



WORKOUTS



IT NEVER GETS EASY YOU JUST GET BETTER